## WHAT IS CLAIMED IS:

- 1. A method for removing from a tooth of a dental
- 2 patient a dental restoration of a material which in ambient
- 3 light is not readily distinguishable from natural tooth
- 4 structure, said method comprising the steps of:
- 5 applying ultraviolet light to the restorative material and
- thereby creating a visible contrast between the restorative
- 7 material and the natural tooth structure, and
- 8 removing the restorative material by conventional means
- 9 while observing the tooth and restorative material in the
- 10 presence of the ultraviolet light.
- 1 2. The method of claim 1, wherein the dental
- 2 restoration comprises a filling and the restorative material
- 3 comprises a composite filling material.
- 1 3. The method of claim 1, wherein the dental
- 2 restoration comprises one of a resin-cemented crown, a resin-
- 3 cemented inlay, a resin-cemented veneer, and a resin-cemented
- 4 bracket, and wherein the restorative material comprises a
- 5 bonding cement.

- 1 4. The method of claim 1, wherein the ultraviolet
- 2 light is applied in combination with visible light.
- 1 5. The method of claim 4, wherein said combination
- 2 comprises continuous ultraviolet light applied simultaneously
- 3 with continuous visible light.
- 1 6. The method of claim 4, wherein said combination
- 2 comprises pulsating ultraviolet light applied simultaneously
- 3 with continuous visible light.
- 7. The method of claim 4, wherein said combination
- 2 comprises continuous ultraviolet light applied simultaneously
- 3 with pulsating visible light.
- 1 8. The method of claim 4, wherein said combination
- 2 comprises alternating pulses of ultraviolet light and visible
- 3 light.
- 9. The method of claim 4, further comprising the step
- of controlling at least one characteristic parameter of at
- 3 least one of the ultraviolet light and the visible light in
- 4 order to optimize said visible contrast.

- 1 10. The method of claim 9, wherein the at least one
- 2 characteristic parameter belongs to the group consisting of
- intensity, wavelength, pulse length, and pulse frequency.
- 1 11. The method of claim 9, wherein the step of
- 2 controlling is performed by actuating a user interface from
- 3 the group consisting of hand-operated controls, foot-operated
- 4 controls, and voice-actuated controls.
- 1 12. An apparatus for creating a visible contrast
- 2 between natural tooth structure and a restorative material,
- 3 comprising an illumination system with a control module, a
- 4 light source and a light-projecting device that projects light
- on a tooth being treated, wherein said light comprises at
- 6 least an ultraviolet component.
- 1 13. The apparatus of claim 12, wherein said light
- 2 comprises ultraviolet light in combination with visible light.
- 1 14. The apparatus of claim 13, wherein said
- 2 combination comprises at least one of:
- 3 continuous ultraviolet light combined with continuous

- 4 visible light,
- 5 pulsating ultraviolet light combined with continuous
- 6 visible light,
- 7 pulsating visible light combined with continuous
- 8 ultraviolet light, and
- 9 alternating pulses of visible and ultraviolet light.
- 1 15. The apparatus of claim 12, wherein the light-
- 2 projecting device is part of a dental handpiece.
- 16. The apparatus of claim 12, wherein the light-
- 2 projecting device is part of a headset.
- 1 17. The apparatus of claim 12, wherein the light
- 2 source is arranged in the control module and the light is
- 3 transmitted from the light source to the light-projecting
- 4 device through a flexible light conduit.
- 1 18. The apparatus of claim 12, wherein the light
- 2 source is arranged in the light-projecting device, and the
- 3 light source is powered from the control module through an

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4 electrical cable.

- 1 19. The apparatus of claim 12, wherein the light
- 2 source comprises at least one light-emitting diode.
- 1 20. The apparatus of claim 19, wherein the at least
- 2 one light-emitting diode emits ultraviolet light.
- 1 21. The apparatus of claim 12, wherein the control
- 2 module has a user interface from the group that consists of a
- 3 manually operated control, a foot-operated control, and a
- 4 voice control.
- 1 22. The apparatus of claim 21, wherein the user
- 2 interface is operative to control at least one characteristic
- 3 parameter of the light selected from the group of parameters
- 4 consisting of intensity, wavelength, pulse length, and pulse
- 5 frequency.
- 1 23. The apparatus of claim 15, wherein the
- 2 illumination system comprises in combination with the light-
- 3 projecting device in the handpiece a further light-projecting
- 4 device that is part of a headset.

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